PRIVATE DUTY NURSING SERVICES (PDN)

Guideline Number: CS102.D  Effective Date: September 1, 2016

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INSTRUCTIONS FOR USE

This Coverage Determination Guideline provides assistance in interpreting UnitedHealthcare benefit plans. When deciding coverage, the federal, state or contractual requirements for benefit plan coverage must be referenced. The terms of the federal, state or contractual requirements for benefit plan coverage may differ greatly from the standard benefit plan upon which this Coverage Determination Guideline is based. In the event of a conflict, the federal, state or contractual requirements for benefit plan coverage supersedes this Coverage Determination Guideline. All reviewers must first identify member eligibility, any federal or state regulatory requirements, and the contractual requirements for benefit plan coverage prior to use of this Coverage Determination Guideline. Other Policies and Coverage Determination Guidelines may apply. UnitedHealthcare reserves the right, in its sole discretion, to modify its Policies and Guidelines as necessary. This Coverage Determination Guideline is provided for informational purposes. It does not constitute medical advice.

UnitedHealthcare may also use tools developed by third parties, such as the MCG™ Care Guidelines, to assist us in administering health benefits. The MCG™ Care Guidelines are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.

BENEFIT CONSIDERATIONS

Before using this guideline, please check the federal, state or contractual requirements for benefit coverage.

COVERAGE RATIONALE

Requirements for Coverage

The services being requested must meet all of the following:

- Be ordered and directed by the treating practitioner or specialist (M.D., D.O., P.A. or N.P), after a face to face evaluation by the physician, licensed or certified physician assistant or nurse practitioner; and services are:
  - Skilled Care services (please see Coverage Determination Guideline titled Skilled Care and Custodial Care Services and Definitions below)
  - Required on a continuous basis rather than short term intermittent care
  - Subject to frequent reassessments and changes in treatment
  - Private Duty Nursing services provided in the home
  - Not Custodial Care
- A written treatment plan and a letter of medical necessity must be submitted by the treating practitioner or specialist (M.D., D.O., P.A. or N.P.) with the request for specific services and equipment; and
- Continuation of services require documentation to support the need for ongoing treatment; and
- Private Duty Nursing Care services must be clinically appropriate and not more costly than alternative health services.

Note: The absence of an available caregiver does not make the requested services Skilled Care.

Plans may require the caregiver to provide a certain number of hours of care for the patient.
Coverage Limitations and Exclusions

- Services beyond the plan benefits (hours or days)
- Requested services are excluded in the state specific contracts
- Requested services are defined as non-skilled or custodial care in the member’s state contractual language
- Respite care and convenience care unless mandated. Respite care relieves the caregiver of the need to provide services to the member. Services that can be provided safely and effectively by a non-clinically trained person are not skilled when a non-skilled caregiver is not available.
- Services involve payment of family members or non-professional caregivers for services performed for the member unless required by state contract
- Services when member does not meet criteria for Skilled services
- Member is no longer eligible for benefits under the state contract

DEFINITIONS

Custodial Care:

- Non-health-related services, such as assistance in activities of daily living (examples include feeding, dressing, bathing, transferring and ambulating, companion services)
- Health-related services that are provided for the primary purpose of meeting the personal needs of the patient or maintaining a level of function (even if the specific services are considered to be skilled services), as opposed to improving that function to an extent that might allow for a more independent existence
- Services that do not require continued administration by trained medical personnel in order to be delivered safely and effectively

Home: Location, other than a hospital or other facility, where the patient receives care in a private residence.

Intermittent Care: Skilled nursing care that is provided or needed either fewer than 7 days each week or fewer than 8 hours each day for periods of 21 days or less.

Private Duty Nursing: Nursing care that is provided to a patient on a one-to-one basis by licensed nurses in an inpatient or home setting when the following is true:

- The service is provided to a Covered Person by an independent nurse who is hired directly by the Covered Person or his/her family. This includes nursing services provided on an inpatient or home-care basis, whether the service is skilled or non-skilled independent nursing.

Skilled Care:

- Skilled Nursing
- Skilled Teaching
- Skilled Rehabilitation

To be skilled, the service must meet all of the following requirements:

- It must be delivered or supervised by licensed technical or professional medical personnel in order to obtain the specified medical outcome, and provide for the safety of the patient;
- It is ordered by a physician;
- It is not delivered for the purpose of assisting with activities of daily living (dressing, feeding, bathing or transferring from bed to chair);
- It requires clinical training in order to be delivered safely and effectively; and
- It is not Custodial Care.

APPLICABLE CODES

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by federal, state or contractual requirements and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Coverage Determination Guidelines may apply.

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<thead>
<tr>
<th>HCPCS Code</th>
<th>Description</th>
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<tr>
<td>T1000</td>
<td>Private duty/independent nursing service(s) – licensed, up to 15 minutes</td>
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REFERENCES

1. CMS Medicare Benefit Policy Manual, Chapter 7 Home Health Services @

GUIDELINE HISTORY/REVISION INFORMATION

<table>
<thead>
<tr>
<th>Date</th>
<th>Action/Description</th>
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<tr>
<td>09/01/2016</td>
<td>- Reformatted and reorganized policy; transferred content to new template</td>
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<td>- Revised coverage rationale:</td>
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<td>- Updated/clarified requirements for coverage to indicate:</td>
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<td>- Intermittent care</td>
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